New York Elite Alleycats FC Newsletter

Vol. 2



Welcome

To our New York Elite Alleycats FC Families and Staff,

As we come to the end of our inaugural year, teams are wrapping up their spring NEAL, EDP and CDYSL seasons, traveling and competing in tournaments, and players are gearing up for tryouts. We have seen much growth this past year with both individuals and overall teams, and we thank our families and coaching staff for their support, patience and commitment as the club continues to grow roots and become more established.

We have several new and exciting changes ahead in the upcoming 2022-2023 season. We have signed up to use PlayMetrics, a centralized, all-inclusive club management application for teams, families, coaches, and administrators to communicate, see schedules, manage club fee payments, registrations, player evaluations and more. The intuitive interface and mobile app will provide an enhanced user experience with club tasks. Families should have gotten a sneak peek at PlayMetrics when registering for tryouts.

The <u>coaching lineup</u> for the 2022-2023 season has been announced and posted on our website. While several coaches will be leaving, we also have some new additions who will be great assets to the staff, and we look forward to working with them next season.

The <u>tryout schedule</u> has also been posted on our website. For players registered before the June 18th deadline, you will be entered into a drawing for one of four Adidas MLS Portland Timbers jerseys. Winners will be notified prior to the first tryout date and the jersey can be picked up at check-in, so make sure to register early!

Our current Director of Operations and Communications, Karen Chan, will be stepping down after twelve years with NY Elite FC and the current club, and Allison Reichman (2008 parent) will take over as Director of Communications. Allison is a writer and editor by trade and has several years of experience as an administrator and manager with the New York Olympic Development Program, Bethlehem Soccer Club and NYEAFC. Rounding out the new communications team is Corinna Heggen (2007 parent), who will serve as the Social Media/Newsletter Coordinator, and Monica Lester (2009 and 2011 parent), who will serve as Website Coordinator. Two new positions will be added next season: Fundraising/Sponsorship Coordinator and Community Service Coordinator. If interested in these roles, please reach out to Allison Reichman at nyeafc.director@gmail.com. We wish Karen the very best and thank her for the care she has shown the club over the years.

Best of luck to all our players at tryouts and congratulations on a great first year!

Newsletter Editors: Corinna Heggen (nyeafc.news@gmail.com)

Allison Reichman (nyeafc.director@gmail.com)

Karen Chan

*Note: Information for this newsletter was provided by coaches, team managers, parents, and referenced from publicly available websites. Any missing recognition is solely unintentional. Please send any corrections or updates to the newsletter editors.











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As our club continues to grow and take root, our leadership would like to acknowledge how seamlessly our Director, Karen Chan, guided us through many transitions and has been pivotal in the growth and development of our club. We are grateful for her dedication. Best wishes and thank you to Karen!

- Allison Reichman
Incoming Director of Communications

KAREN HAS BEEN WITH US FROM THE VERY START, FULLY DEDICATING HER TIME AND INCREDIBLE ORGANIZATION, LEADERSHIP AND COMMUNICATION SKILLS TO THIS CLUB. WE WOULD NOT BE WHERE WE ARE TODAY WITHOUT KAREN. WE WISH HER ALL THE BEST AND SEND LOVE TO HER FAMILY. NY ELITE WILL ALWAYS BE A SECOND FAMILY FOR KAREN AND WE THANK HER FOR EVERYTHING SHE HAS DONE TO MAKE THIS SUCH A SPECIAL SOCCER CLUB IN THE CAPITAL DISTRICT.

- MILES AND LEEANN JOSEPH

KAREN IS THE UTMOST PROFESSIONAL

AND IT HAS BEEN MY PLEASURE TO

WORK ALONG BESIDE HER.

JON BAIN





A Farewell Note

It is with a heavy heart that I will be leaving my role as Director of Communications effective June 20, 2022. Allison Reichman will be taking over the position, and I have full confidence that she will do a great job along with the new Communication Team. They will be the public face of our club and more than happy to show off all your achievements, so make sure to keep them in the loop!

It has been an amazing journey working with NY Elite FC from its inception and witnessing the phenomenal growth and expansion of the club over the past decade. culminating in the merger with Alleycats SC in 2021. I have truly enjoyed working with the staff, the families and mostly, Miles and LeeAnn Joseph, founders of NY Elite FC. Their passion for the sport, devotion to the youth soccer community, and vision of creating a highly competitive, quality soccer program in the Capital District has been fulfilled, and there is only a bright future ahead with endless opportunities. Director of Coaching Jon Bain has been instrumental in building the most experienced coaching staff of any club in the region and has worked tirelessly to create an environment where players can develop and thrive. While we're not perfect and still settling in, the club is in a good place. I encourage families to work with the administration and coaches to provide positive feedback and recommendations for improvement and volunteer some time to make them happen.

I am extremely proud to have been a part of NYEAFC, as a director, communicator, team manager and a parent on the sidelines, and will cherish all the fond memories. Enjoy this time with your boys, it goes by very quickly, and I wish everyone the best. Stay happy and healthy.

Karen Chan



2022 Ed Placke Scholarship Recipients

NYEAFC presents this scholarship in honor and recognition of Edward "Ed" Placke for his dedicated service to Capital District youth soccer. He devoted many years establishing soccer programs for area youths to play in a fun, competitive and enriching environment, with many of whom have grown into fine young adults. With his retirement from Capital District soccer, NYEAFC would like to recognize Ed Placke for his accomplishments which will continue to have an impact for years to come. In the spirit of NYEAFC soccer, the club has selected two players to each receive a \$250 college scholarship based on their exemplary model of true sportsmanship in the sport of soccer.

Congratulations to the following recipients

Tim Knowles **Greg Polyakov**

Congratulations Class of 2022!!!

We proudly present the Class of 2022 who will be pursuing their dreams at colleges around the world, with many continuing to play soccer. Enjoy the senior profiles below where you'll learn a little about each player and their favorite club memory. We see bright futures ahead for all our seniors!



























While all attempts were made to include all seniors, some profiles were not available at publication time of this newsletter. Please check social media for updates.







Brendan Austin Aidan Clark Ryan Knapp

Massi Bruno Abbas Ghulam Nico LaRosa

Manraj Cheema Matthew Han





My favorite NYEAFC

My favorite NYEAFC

My favorite NYEAFC

My favorite NYEAFC

New June 1

My favorite NYEAFC

My favorite NY



After a rough start to the was season this year, the team was season to come together and play season to come together as well as able to come team as well as better as a team as great better as a team of great individually. It have coach individually. I have fond individually. I have fond year of growth. For all the fond year of thank for all the fond roca to thank for all the my best. Roca to thank believing in me, wemories, for believing we have and pushing me to be my best.









My favorite NYEAFC memory is winning our first NAL game of the season near Coney Island 4-2 against FA T. Knowles

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My favorite memory is
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Traveling to Malaga



My favorite memory is

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-1. Schwartz







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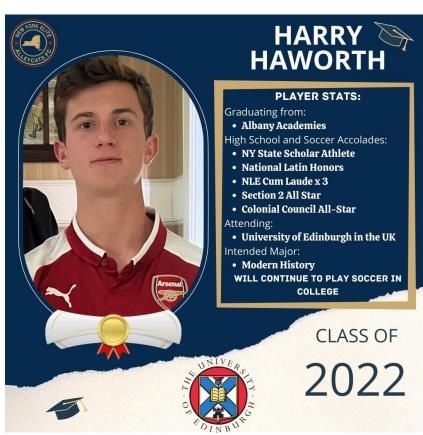
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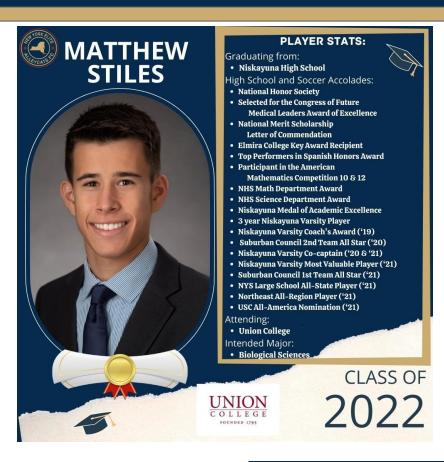
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-G. Polyakov











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Tryout News



Register for Tryouts by 6/18 to win a Portland Timbers Jersey!

We are excited to announce that registration is now open for the 2022-2023 season.

Pre-registration is required by 6/18/22. If completed by that date, you will be entered into a random drawing for one of four Adidas MLS Portland Timbers Jerseys!

Go to the <u>Club Tryout</u> Page for more information.

Questions?

Contact:

Tryout Coordinator:

★ Jen Bennice nyeafc.tryouts@gmail.com

Director of Coaching:

★ Jon Bain
jbain7@nycap.rr.com

Director of Communications:

★ Allison Reichman nyeafc.director@gmail.com

Tryout Schedule Information

Age Group	Mon 06/20/22	Wed 06/22/22	Mon 06/27/22
U8 (2015/2016)	4:30-5:45 pm Field 5	4:30-5:45 pm Field 5	4:30-5:45 pm Field 5
U9 (2014)	4:30-5:45 pm Field 3	4:30-5:45 pm Field 3	4:30-5:45 pm Field 3
U10 (2013)	4:30-5:45 pm Field 3	4:30-5:45 pm Field 3	4:30-5:45 pm Field 3
U11 (2012)	4:30-5:45 pm Field 3	4:30-5:45 pm Field 3	4:30-5:45 pm Field 3
U12 (2011)	4:30-5:45 pm Field 4	4:30-5:45 pm Field 4	4:30-5:45 pm Field 4
U13 (2010)	5:45-7:00 pm Field 3	5:45-7:00 pm Field 3	5:45-7:00 pm Field 3
U14 (2009)	5:45-7:00 pm Field 4	5:45-7:00 pm Field 4	5:45-7:00 pm Field 4
U15 (2008)	7:00-8:15 pm Field 3	7:00-8:15 pm Field 3	7:00-8:15 pm Field 3
U16 (2007)	7:00-8:15 pm Field 4	7:00-8:15 pm Field 4	7:00-8:15pm Field 4
U17 (2006)	8:15-9:30 pm Field 3	8:15-9:30 pm Field 3	8:15-9:30pm Field 3
U18/U19	8:15-9:30pm Field 4	8:15-9:30pm Field 4	8:15-9:30pm Field 4
(2005/2004)			

Important COVID-19 Information

For the health of all players and staff, if you feel sick or test positive for COVID-19, please do not attend tryouts. Should you test positive during the tryout period (6/20/22-6/27/22), please notify Allison Reichman (nyeafc.director@gmail.com) and provide your name, team/age group, and the last date you were at tryouts. Thank you for your cooperation.

Club News



Spring League Schedule and Results

Search for your favorite NYEAFC team to see their spring league results at the links below

- **★** CDYSL
- ★ Northeast Academy League
- **★** EDP

PlayMetrics Tool

Coming Soon... download the PlayMetrics mobile app to your phone and check it out

- What is it?
- <u>See Videos for help and</u> <u>detailed overviews</u>

The Communications Team and Club Coordinators

★ Director of Communication: Allison Reichman <u>nyeafc.director@gmail.com</u>

★ Social Media/Newsletter Coordinator: Corinna Heggen
 ★ Website Coordinator: Monica Lester
 nyeafc.news@gmail.com
 nyeafc.web@gmail.com

★ Website Coordinator: Monica Lester nyeafc.web@gmail.com
 ★ Tryout Coordinator: Jen Bennice nyeafc.tryouts@gmail.com

 \bigstar Fundraising/Sponsorship Coordinator: OPEN

★ Community Service Coordinator: OPEN

★ Parent Forum Representatives: A big thank you to all the team representatives who helped keep club communications flowing throughout the season. Meetings will resume in the fall.

2022-2023 NYEAFC Coaching Assignments

NYEAFC is excited to announce the coaching lineup for next season.

See the NYEAFC 2022-2023 Coaching Staff page for a detailed background for each coach

2004/05 NAL - John Knight EDP - Mark Green Assistant Mike Tymeson
2006 NAL - Jon Bain EDP - Miguel Hoyos Assistant Bob Crandall

2007 NAL - Matt Esposito EDP - Steve Wieczorek

2008 NAL - Adam Clinton EDP - Paul Dunham Assistant Nick Martin
2009 NAL - Sims Maqubela EDP - Derlis Zayas Assistant Matt Esposito

2010 NAL - Dan Lindemann EDP - John Knight/Paul Reynoso

2011 NAL - John Mabee EDP - Eric Larkin Assistant Juan Carlos Garcia

2012 Paul Reynoso, Derlis Zayas Assistants Sean Lanza, Miguel Hoyos

2013 Juan Carlos Garcia, Dave Bonzerato, Iddrisu Abdallah

2014 Tyler Denton and Jodi Council

2015 Tyler Denton and Jodi Council

Goalkeeper Coaches: Ryan Edson and Paul Dunham

Please send questions to Director of Coaching Jon Bain (jbain7@nycap.rr.com)

Spring Season Photos



2011's are headed to the ENY Challenge Cup on June 4th!



2011's got a 7-1 win over FA Euro in the ENY Challenge Cup Quarterfinals!





The 2009 NAL team played hard for a 3-0 win!

Have pictures or videos to share? Do you have a shout out for a player or coach? Did something amazing happen at a game? Send it to Corinna Heggen:

nyeafc.news@gmail.com





Spring Season Photos





The 2011's are the Eastern New York U11 Challenge Cup Champions! Congratulations Team!



ODP Region 1 North
Tournament Participants
June 10-11, 2022

2009 Team

Quinn Carter Blake Krufchinski Elliott Lester Ryan Richard Ayaz Sajid

2008 Team

Stellan Calnero-Jackson Braeden Jachym Denis Pauze Oliver Reichman Harrison Yu

These 10 NYEAFC players will be playing for NYS ODP's Regional Team in Massachusetts. They will play against Connecticut, Massachusetts, Vermont, New Hampshire, New Jersey and Pennsylvania.



1st Place for NAL 2005 and 1st place seed for NAL Cup!

Click <u>HERE</u> to follow along as the NEAL teams participate in the NEAL Cup Weekend and watch as the results come in.



Summer Camps / Training Opportunities

Sneaky Feet Soccer Camp By Miles Joseph Soccer Camp and NY Elite FC

(Youth ages 4-7)

Miles Joseph, former USA Soccer Olympian, Major League Soccer professional player and experciened MLS coach is offering a camp curriculum for rising soccer stars. Soccer skills are instructed including dribbling, passing and goal scoring techniques. Campers build confidence and learn new skills while having fun. This is an excellent camp to introduce the young soccer player to the sport or to improve specific skills of the young soccer player. Spaces fill up quickly so please register early.

Needed: Water, soccer ball, sneakers/cleats, shin guards

Dates: July 18-July 21 (Mon-Thurs)

Time: 9 am - 11 am

Fee: \$95

Site: Clifton Common Soccer Fields

(Miles Joseph may make an appearance at camp this year dependent upon his Major League Soccer Coaching responsibilities.)

Beestera Soccer Residential Camp

A Nike Soccer Camp held at the Golden Goal Residential Soccer Camp Facility in Fort Ann, NY. See flyer here.

The camp is for ages 10-18 and being held July 10-13.

Mention you are a NYEAFC member to receive a discount.

Clifton Park Soccer Camp

Register

Here

(Youth ages 6-14)

This camp is designed to teach the fundamentals of soccer and is open to all levels of players. Players will be shown how to train on their own. Areas of concentration will be individual ball skills and team tactics (1v1, 2v1, 3v2).

Needed: Water, sneakers or cleats

Provided: Soccer ball and camp t-shirt

Dates: Session 1- June 27 - July 1, 9 am - 12pm

Session 2- July 11 - July 15, 9 am - 12 pm

Fee: \$150

Site: Clifton Commons Soccer Fields

Same Family Discount: 1st child \$150, All others \$140

Early Bird Discount: \$140 registration fee if received before June 1st.

Minimum price for any camper is \$140.

Multiple discounts cannot be combined.

Director: Adam Clinton, RPI Men's Head Coach, NYEAFC 2008 Head Coach

Register



Team Tournament Updates



May Day Tournament Pride!!

The 2003/04 EDP team were champions of the Saratoga Wilton Soccer Club's May Day tournament held the weekend of 5/6-5/8 with 2 shutouts and giving up only 1 goal. Great job boys!



Empire Cup Challenge: Accepted!

Congratulations to the U10/2012 White Team for taking first place in the CDYSL Empire Cup Club-Red group over the weekend of 4/9-4/10! They were undefeated and had 2 shutouts. Outstanding work!



Jefferson Cup 2022 Shoutout

★ NYEAFC U17 NAL took 3rd place with a 2-0-1 record out of 12 teams in their bracket

Check out the rest of the Club results here

NEFC Spring Showcase Results - March 2022

★ NYEAFC 03/04 NAL team took 1st place with a 3-0-0 record Check out the rest of the club NYEAFC results here



The U15 EDP Team took on tough competition at NEFC going 1-2-0



The 2006 EDP team finished 2nd in their Premiere Gold bracket at this weekend's NEFC tournament.



NYEAFC U15 NAL took 1st place with a 3-0-0 record



NYEAFC U12 Blue took 1st place with a 3-0-0 record



NYEAFC U16 NAL took 1st place with a 3-0-0 record.



NYEAFC U12 White took 1st place with a 3-0-0 record

Potomac Memorial Day Tournament 2022 Highlights

- ★ NYEAFC NAL U13 went 2-0-1 taking 1st place and were finalists in their bracket
- ★ NYEAFC NAL U16 faced fierce competition going 0-2-1
- ★ NYEAFC NAL U17 were 1-1-1, keeping each game within a point of each other





NYEAFC NAL U14 went 2-0-1 taking 1st place in their bracket where they made it to the finals and won!



NYEAFC NAL U15 went 3-0-0 taking 1st place in their bracket making it to the finals!



NYEAFC NAL U18/19 went 2-1-0 working hard as a team to secure those wins and face the tough competition.

Needham Memorial Day Tournament 2022 Highlights

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NYEAFC EDP U17 went 0-3-0, fighting hard to keep the competition on their toes!



NYEAFC EDP U11 went 2-0-1 taking 1st place in their bracket where they made it to the finals and won!







NYEAFC EDP U15 went 2-0-1 taking 1st place in their bracket making it to the finals!

NYEAFC EDP U16 faced fierce competition going 1-1-1 and attended an MLS NE Revolution game!











NYEAFC EDP U18/19 went 3-0-0 taking 1st place in their bracket making it to the finals! They even played a team from England!

FC Dutchman Memorial Invitational Tournament 2022 Highlights

- ★ NYEAFC EDP U13 faced fierce competition going 1-2-1 in the top bracket of their age group
- ★ NYEAFC EDP U18/19 went 3-0-0 taking 1st place in their bracket making it to the finals!





- ★ NYEAFC CDYSL U11 White went 3-1-0 taking 1st place in their bracket!
- ★ NYEAFC U11 Red went 1-3-0 challenging their opponents to work hard on the field.



NYEAFC EDP U14 went 2-1-1, fighting hard to keep the competition working.



Northstars Cup



NYEAFC 2012s take the Championship home with them after winning the Northstars Cup. The team went 5-0! Amazing job!



The 2013s were Finalists at the Northstars Cup in Syracuse on Saturday 6/4/22 - their final game went to OT after a great performance this weekend!

Our Thanks

To all of the coaches,

Thank you for giving up time with family and friends, spending time with us training and traveling, feeling the loss of defeat and the excitement of the win, and doing it all right alongside our boys.

We see you.

We see you before practice setting up.
We see you after practice looking for the missing soccer balls.

For the last 10 months, you have dedicated yourselves to teaching, guiding and growing the players on the field.

The journey of a soccer player and a coach is long and often slow to develop, but when it happens, the magic on the field is undeniable. When it finally clicks, and the player and the coach know - it's exciting and the future is bright for a player because of their coach.

Please enjoy getting to know the coaches as you learn more about them below, both professionally and personally.

Thank you coaches! We appreciate the dedication you have shown towards helping all our players grow this year.





JOHN KNIGHT

johnknight@fairpoint.net Teom: U17 NAL HC Playing Experience: Union College FC Hillerød, Hillerød Denmark

TIMEOUT WITH COACH

What is your coaching philosophy? Teach players to make decisions. It is natural that coaches want to control every aspect of play. But I was taught that it is more important to guide and shape players not to control them. Coaches cannot control every aspect and every minute of play, players have to take control and take responsibility. We need to help them to learn the right decisions and when to make them.

What do you love most about Coaching? First I love the relationship and interaction with our players, the give-and-take, the conversations and having fun together while sharing love of the game. The bigger picture on top of that is I love seeing players evolve on their journey through the game and through life. Growth both on and off the field.

Who is your favorite soccer player and/or team? My first favorite players were George Best or Giorgio Chinaglia, then Jesper Olsen and Michael Laudrup. I loved the dribblers, probably because I wasn't one. Favorite team, United, through all the years, good and bad. (But always a soft spot for Rangers)

What was/is your favorite post game meal? Post game ...anything I could get my hands on. (Could never eat before a game) Hard to believe now but I always had trouble keeping weight on.

What was your most memorable game as a player? 1984, Danish U19 Youth Cup. We beat Hvidore, Peter Schmeichel's team in the quarters to make the Semi's at Parken (the National Stadium).

Licensed:
United Soccer Coaches Premier Diploma
US Soccer National Youth License
US Soccer National C License
NSCAA Director of Coaching Diploma
NSCAA National Goalkeeper Diploma
Coerver Coaching Youth Diploma
Muelenstein Coaching Method Diploma
NYS HS Coaching Certification

Coaching Experience:

Averill Park Boys Varsity Coach Eastern New York State ODP Staff Coach Saints FC

Bethlehem Premier – 2010 U20 National Champion Ichabod Crane HS – 2012 NYS Class B Champion, 2013 NYS Class B Semifinalist, Section 2 Class B Champion 2012, 2013, 2014 Chatham HS – Section 2 Champion – 1999, 2000, 2003, 2005





ATT ESPOSITO



Licensed: **USSF D National License**

espositomatt6@gmail.com

Team: U15 NAL HC

Coaching Experience:

Assistant Men's Soccer Coach at RPI 2017-2019, Current Alleycats 2017 to 2021 — Boys ages U14 & U15 & U19 (02/03 & 03/04)

Assistant Men's Soccer Coach at Eastern Connecticut State University 2014-2016

Assistant Men's Soccer Coach at Utica College 2016-2017 Head Men's Soccer Coach at Russell Sage College 2019-Present

Head Coach of New York Shockers NPSL Inaugural season 2021

University, 2008-2011 First Team All Conference 2011

Tournament MVP 2011

Playing Experience







TIMEOUT WITH COACH

What is your coaching philosophy?

Using the sport of soccer to develop as people. The character traits associated with being a successful player/team are directly related to finding success off the field.

What do you love most about Coaching?

Watching players develop, as well as watching them celebrate good times.

Who is your favorite soccer player or club? Steven Gerrard and Liverpool

What is one life skill that is important on and off the field? Being resilient and dealing with adversity when things are against you.

What is your favorite sports quote? Effort is non-negotiable - Diego Simeone







PAUL REYNOSO

paulreynoso22@gmail.com U16 EDP HC

Anticipating USSF D National License by end of 2021

Playing Experience

College:

2014-2018 Sage College of Albany, Left Back/Center, Attacking Midfielder

High School:

2010 G. Ray Bodley, Fulton, NY (JV) 2011-14 (Varsity), Left Outside Midfielder/Center Back

Coaching Experience:

2015-2018 - Assisted Fulton Boys Varsity 2020-2021 - Colonie Soccer Club Boys U16/18 NY Elite Alleycots FC



TIMEOUT WITH COACH

What do you love most about coaching?

I love to make connections and relationships with the players about a common passion. I get to help guide players on their own soccer journey while showing aspects of my own. Being able to help in a physical or mental aspect to achieve player success brings great joy and pride.

Who is your favorite soccer player?

Ronaldinho, because of how skillful he was with the ball. His love and passion for the game showed every single time he played and was on full display with a smile on his face and the iconic thumb and pinky wave.

What is your favorite post game meal?

Anything that that was ready to eat, usually tailgate foods made by different parents during college. A cold Gatorade to start with or a cup of chocolate milk.

What was your most memorable game, as a player?

Winning the 2015 Skyline Championships with Sage at home as a sophomore. This was the schools first conference championship and first automatic NCAA DIII tournament bid. Finished the season: Pre-Season Poll #1, Regular Season Champions, Skyline Conference Champions

What was that defining moment that sparked the love of soccer in you? Having other coaches take notice of me playing and getting started with playing competitive club soccer at age 12.





BOB CRANDALL

rcranda1@nycap.rr.com Team: U15/U16 Assistant Coach

TIMEOUT WITH COACH

What is your coaching philosophy? I make the training game-like. Hold players to a standard, make the players understand positional responsibilities, and enjoy the success that hard work has produced.

What do you love most about Coaching? I enjoy seeing short and long term goals achieved, watching team and individual growth, and interacting with players and their families.

Who is someone in the Soccer community you admire and why? Mike Campisi. I learned how to break down the game, how to identify and fix individual and team problems from Coach Campisi. He always held players and his teams to a standard. Great coach.

What is one life skill that is important on and off the field? Accepting responsibility and being flexible enough to make changes to correct problems.

What was your pre-game ritual? Attempt to get teams physically and mentally ready to play the game. Set up game-like activities to get players ready.

USSF F National License Education:

BA, General Studies-Geology, SUNY Oneonta 1974 MS Education, Physical Education, SUNY Cortland 1977

Coaching Experience/Accomplishments:

35 + years youth coaching experience Assistant Men's Coach, Union College Voorheesville CSD, Boys Varsity Saratoga Springs HS, Boys Varsity Mayfield High CSD, Boys Varsity ENYYSA State Cup Champion, Capital United SC, U16 **Bovs 1994**

Three time NYPHSAA Semi-finalist Class C NYSPHAA Champion 1990, Voorheesville CSD. 4 High School Section II Titles (1986, 1990, 1992 and 2006)

Empire State Men's Scholastic Head Coach

Club:

New York Elite Alleycats FC AC Boys 2006 New Scotland SC Guilderland SC Capital United SC Clifton Park Premier New York Elite FC





ADAM CLINT

actcsc04@gmail.com Team: U14 NAL

EOUT WITH COACH

What is your coaching philosophy? -Defend as one and have possession with a purpose. Our goal is to get the ball back as quickly as we can. When we do have the ball we want to keep it

What do you love about coaching? I love the process of developing a player and a team. I love taking a group of individuals and getting them all on the same page to become a functioning team. Who is your favorite player or club? I have two teams: I am a huge Liverpool fan and I also root for the country my family is from: England. I saw them play at Yankee stadium in 1976 and come back from a 0-2 first half to win 3-2 and I was hooked. There are a lot of players I have been lucky enough to see play. I was at PELE's last game and still consider him the GOAT. But my favorite player in recent times was Steven Gerard,

What is your most memorable game as a coach? There are a lot of games to choose from here but I will go with the most recent. My RPI team beat 11 time National Champion Messiah in round 16 to advance to the Elite 8 of the NCAA D3 National Tournament in 2019. Getting one game away from the Final Four was amazing. I am so lucky that my team took me on that ride.

Who is someone in the soccer community you admire and why? The person I admire most is my dad, Peter Clinton, who was a driving force behind the roots of youth soccer in the Capital District. He was a founding father and first President of the CDYSL, as well as the Clifton Park SC, which back in the day, was the model of a successful soccer club. It was one of the best in the state, putting 6 teams in the state cup finals in a single season. He also fought for all the clubs in upstate against the old school guys on Long Island and NYC. He is also credited with driving the growth and success of the Shenendehowa HS soccer program, garnering him memberships in their Hall of Fame, as well as those of CDYSL and Eastern NY, for his work in youth soccer.



USSF A National License USSF State D-Level Instructor/Examiner Playing Experience

Played for New York Kick in the National Professional Soccer Indoor League College:

HVCC - Team MVP and named All-Region Keene State - Captain of the nationally-ranked Division II program High School - Shenendehowa, Class of 1981

Coaching Experience:

c for ck 2015-Present – Head Coach, NY Elite Alleycats FC 2002-Present – Head Coach, RPI Men's Soccer 2012 National Soccer Coaches Association of America (NSCAA) Division III East Region Coach of the Year 2009 Mondo Regional Coach of the Year Award 2009, 2012, 2019 but - NSCAA Regional Coach of the Year 2008, 2009, 2019, 2021 - Liberty League Coach of the Year 2008/2009, 2009/2010, 2019/2020 - RPI Marvin Anderson Award wipner for Coachina Excellence Award winner for Coaching Excellence 2009 #21, 2019 #17 - RPI finished in the Final Top 25 2008, 2009, 2012, 2015, 2019, RPI in the NCAA tournament (Sweet 16 and Elite 8 in 2019) 2004,2008-2010, 2012-2014, 2016, 2018-2021 - RPI in the Liberty league Tournament (Tournament Champs in 2012) Director, Clifton Park Soccer Club Premier Division

Head Coach, Hudson Valley Community College (HVCC) Head Coach, Adirondack Community College Assistant Coach, University of Albany Men's Soccer





PAUL DUNHAM

soccercoach.dunham@gmail.com

Team: U14 EDP and

Goalkeeping Coach





USSF C National License USSF D National License USSF E National License **USSF F National License** NSCAA National Diploma NSCAA Goalkeeping Level 1, 2, and 3

TIMEOUT WITH COACH

What is your coaching philosophy?

To teach your players to play the game the correct way and never compromise.

What do you love most about Coaching?

Teaching the players to play the game and then watching it play out on the pitch. (Lessons in soccer are Lessons in life).

Would you rather have the performance of a lifetime in a losing game or play your worst game on the field but your team wins and why?

For me, I would rather play my best game and lose. This is a team game and knowing the boys continued to battle in a match is a great lesson to never to give up.

What is your favorite sports movie?

Remember the Titans. (Love the way the team bonds together as one.)

What was your favorite song to listen to before a game? Honestly I am more focused on the match. I try to approach the match calmly and collectively.



College:

2015-Present – Union College Men's Assistant/Goalkeeper Coach Coach

Club:

2018-Present - NY Elite Alleycats FC Boy's Coach/Goalkeeper Coach High School:

2013-2015-Hadley Lurzerne Central School. Girls Varsity Coach 2010-2012-Hoosic Valley Central School, Boys JV/V Coach 2007-2009-Grace Christian School, Varsity Coach CDYSL:

2007-Present:

Bethlehem Premier U23 Men's Coach, U19 Boys Coach Saratoga Wilton Soccer Club, U15 Boys Coach NY Elite FC, U10 Boys Coach





JODI COUNCI

Coachlodico@gmail.com

U13 EDP and U11 CDYSL

Jnited States Soccer Federation, USSF National B License La Liga Methodology, Levels I, II, and III United Coaches (formerly NSCAA) Goal Keeping Level I American Youth Soccer (AYSO) Advanced Coach Instructor

The Inner Game Methodology Facilitator/Instructor Playing Experience:

South Bay Peninsula Soccer League,Player/Coach Education:

University of Virginia, BA Psychology University of Phoenix, MAED, Master's of Education—Curriculum & Instruction University of Phoenix, Doctoral Candidate (EdD) Educational Leadership

Coaching Experience

2022-Present — Albany Shockers (WPSL), Assistant Coach 2021-Present – Hudson Valley Community College, Women's Soccer, **Assistant Coach**

2021-Present — New York Elite Alley Cats FC (NYEAC), Coach (2009 Boys EDP, 2011 Boys CDYSL/Pool)

2021-Present – Hudson Valley Crusaders, UWS, L2, Assistant Coach 2021 - National Center of Excellence Soccer, NCE Coach

2020-Present – American Youth Soccer (AYSO) New England Coach Instructor/Administrator

2020-Present – Saugerties AYSO, Board Member/Coach Admin 2005-2019 - AYSO United South Bay/Palos Verdes AYSO 2010-2011 - FRAM Sportsklubben Soccer Club, Team Assistant

TIMEOUT WITH COACH

What is your coaching philosophy? "I can do better!" The more I live, the more I learn. The more I learn, the more I realize, the less I know

What do you love most about Coaching?

The satisfaction of seeing a player and team excel in soccer and life.

Would you rather have the performance of a lifetime in a losing game or have the team win having played your worst game on the field? A performance of a lifetime would include winning—in the spirit of the question my response revolves around what a player and team can control—effort, preparation, commitment, attitude, concentration, and dedication.

What is your favorite sports movie (doesn't have

to be soccer related)?

Faster (a MotoGP movie)

What was/is your favorite way to get pumped up before a big game?

A great playlist and the smell of fresh cut grass!





NICK MARTIN

NY Elite FC U14-U18

2013 Jefferson Cup Champion and All-Event Team 2013 Triangle Friendlies All-Event Team 2014 Section II All-Star with Shenendehowa

Played Total 4 Years for WPI - 2 years captain and 1 Regional Appearance

Earned All-Event Team Honors to travel/play with Novara Calcio Serie B Farm Team Invited to Real Salt Lake MLS Camp

> College: Worcester Polytechnic Institute (WPI) Class of 2018

High School:

Shenendehowa HS Class of 2014



TIMEOUT WITH COACH

U13 AC

What is your coaching philosophy? I believe in possession, moving the ball, and hard and tenacious defense. This will ensure that the opposing team will be broken down and we can move the ball into the forward 1/3 for the opportunities to score.

What do you love most about Coaching? I am new to the coaching world but played for the club during my earlier years. The thing I love most is that being on the opposite side of playing, I get to see much more into what my coaches were talking about when I was playing for them.

Would you rather have the performance of a lifetime in a losing game or play your worst game on the field but your team wins and why? I would rather play the worst game but come out winning. Soccer is not an individual sport but rather a team sport with spurts of individual freedom that is generated off

What is your favorite sports movie (doesn't have to be soccer related)?

Miracle (2004 Version) What was/is your favorite way to get pumped up before a big game? I was big into listening to music with some headphones on and juggling and individual footwork for about the first 15 minutes. This would allow me to get mentally into the game mode I wanted to be in. I would spend the next 30-35 minutes passing and playing possession with my teammates to get into a rhythm with them. Finally I'd end with some finishing and final stretching before the game.







Coaching Experience: 2007-2014, 2019-Present, Siena College, Asst. Women's Coach Coarcateur

nyelitefc@gmail.com

Team: U12 NAL-Team 1 HC

*2010-NCAA Tournament vs Georgetown *2021- NCAA Tournament vs Arizona State

Shaker High School Girls Varsity Head Coach - 2016 Coach of the Year Award Alleycats Girls U17 Head Coach and Boys U10 Head Coach 2008 2004-2007 - RPI, Asst. Men's Soccer Coach

2005-2008 - Clifton Park Premier Soccer Club, Boys U16

2003 - Southern New Hampshire University, Asst. Men's Soccer Coach #2 NSCAA National Ranking

2002 - Wentworth Inst. of Tech., Asst. Women's Soccer Coach 2001-2003 - Tom Poitras "Nutmeg" Soccer Schools:

Associate Director

Mentored coaches Taught children and young adults, ages 5-11

Playing Experience Professional:

Minnesota Thunder, A League 2001 Team Combine Invitee

College:

Southern New Hampshire University Center Back/59 Career Games

Ranked 6th & 7th in the final NSCAA National Rankings Northeast 10 Conference Tournament Champions NCAA Game Winning Goal

NCAA New England Region Champions

NCAA Elite Eight twice

New England Collegiate Conference Champions Clayton College & State University

TIMEOUT WITH COACH

What is your coaching philosophy? Creating a game-like environment where players are actively engaged in each training session and game. High expectations will be set for all players in all aspects of the game to help them become well-rounded players. I believe a focus on the small details within the game can help elevate a player/team to reach a new level. Players will have fun while becoming better players, teammates, and members of the community.

What do you love most about coaching? Teaching! I really enjoy seeing individuals and teams grow both on and off the field. For me, it is rewarding when you see the progress individual players and teams make over the course of the year. It's awesome to see when the 'light bulb' goes on for players and they see how their hard work pays off.

What was your most memorable game, as a player or coach? As a player, scoring the game-winning goal in the NCAA tournament to send our team to the Elite Eight. As a coach, winning our league championships and participating in the NCAA College Cup.

Who is someone in the soccer community you admire and why? I would not say I have one specific person in our soccer community that I admire more than another. Rather, we have a very strong coaching community, which allows me to have conversations with great coaches to share many ideas on style of play, training ideas, etc.

What is your pre-game ritual to get pumped up? I would listen to music while I wandered the hallways of the athletic building thinking about different scenarios that could possibly come up during the game. This would help me focus, which somehow got me ready for play! The anticipation also pumped me up as we got closer to kickoff.





ERIC LARKIN

ericzlarkin@gmail.com

Team: U12 NAL-Team 2



Coaching Experience:

2017-2020, Albany Alleycats, Boys Academy 2017-2019, St. Rose College, Men's Assistant 2010-2014, Zum Schneider FC 03, Men's

Playing Experience

2006-2010, Zum Schneider FC 03, RB/LB/CDM 2004-2006, Niskayuna High School Varsity, FW 2002-2004, Niskayuna High School JV, CM

Accomplishments:

2019-Present, Founder/Player/Coach TAASA FC (Uganda)

TIMEOUT WITH COACH

What is your coaching philosophy?

Everything you learn in life you can utilize on the football pitch. Everything you learn on the football pitch you can utilize in life.

What do you love most about Coaching?

Coaching allows me to connect to future generations in a setting where I know we can relate to one another. I feel I am able to help foster quality traits in a fun and positive atmosphere. While the world is ever-changing, the football pitch has remained the same: a ball, two goals and two teams.

Who was your favorite coach and why? No doubt, my high school wrestling coach - Joe Bena. Coach Bena had the ability to bring out the best in any person he came across. Coach Bena made outstanding citizens out of previously troubled kids (not to mention extremely talented wrestlers). He pushed his wrestlers to the limit, but would never let them stop there. Coach Bena was one of the most influential people I have ever met.

What was a defining moment in your soccer career that

motivated you? Early morning training sessions with my brother when he was home from college... We're talking about 4 am or earlier sometimes. It didn't matter what the conditions were.

What is your favorite sports quote/mantra?

"When the going gets tough, the tough get going."







OHN MABEE

imabee1@outlook.com Team: U11 EDP HC



USSF F National License US Soccer Grassroots 11v11 License

TIMEOUT WITH COACH

What is your coaching philosophy?
Player first. Build personal relationships with each player to get the most of them on and off the field. What do you love most about Coaching?

There is nothing more rewarding than having a group of players buy in and accomplish difficult tasks as a team.

What is your favorite sports quote/mantra? I have 2: "I'm not looking for the best players, I'm looking for the right ones" and "The road to success is always under construction" Who was your favorite coach and why?

My Dad. Even though he is knowledgeable about the game (don't tell him I said that), his obvious care for each player and his ability to have fun with us while teaching will always be my biggest take aways from him as a coach.

What was a defining moment in your soccer career that motivated

As someone who grew up worshiping Shen soccer, being brought up to varsity as a 10th grader at Shenendehowa motivated me to work harder and take the opportunity seriously.

Masters in Sport Coaching

Coaching Experience:

Present - Modified 7/8 Shenendehowa Boys Coach 2016-2020 – HS Boys Shenendehowa Varsity Assistant 2018-Present – New York Elite Alleycats Head Coach – Boys 2011 2016-2018 - New York Elite Assistant Coach





JUAN CARLOS GARCIA <<<<<

juancarlosgg12309@gmail.com

Team: U10 CDYSL And Youth Technical Director

Licensed

U.S. Soccer National C Coaching License
U.S. Soccer National D Coaching License
U.S. Club Soccer "La Liga Formation Methodology Course"
NSCAA Top Ten Series
NSCAA Psychology of Coaching Youth Players
U.S. Soccer 9v9 License

TIMEOUT WITH COACH

What is your coaching philosophy?

I consider building the character of the person just as important as developing the skills of the player.

What is your favorite sports quote/mantra?

"The difference between try and triumph is a little umph"

What is your favorite aspect of soccer? Defense

What is the life skill that is most important, both on and off the field?

Resilience

Who is your favorite soccer player or club?

Favorite club Liverpool, Favorite player Mohamed Salah, from the past Rodaldinho



Coaching Experience:

1998-2021, Alleycats Coaching Director Currently U10 Boys NYEAFC and technical director for U12 and under teams NYEAFC







Iddrisu Abdallah

iddrisu12096@gmail.com

Team: U10 CDYSL AC

Coaching Experience:

2021- Present: New York Elite Alleycots FC U10. 2022 Empire Cup Champions 2014-2015: Coaching a community of young talented kids

Playing Experience

2016- Bechem United 2017- Taca De Moćambola Mozambique Won Two FA cups back to back in Two different Leagues.

TIMEOUT WITH COACH

What is your coaching philosophy?

To make every practice enjoyable and competitive. A player must enjoy the game before he can love it.

What do you love most about Coaching?

I enjoy getting close to players to understand their concern about the game, so I can assist them on their needs to improve.

Who is your favorite soccer player or club?

Real Madrid. My favorite player in today's team is Karim Benzema and from years gone by Christiano Ronaldo.

What was your memorable game as a player?

As a player, winning the youngest best player award and getting the second highest goals scored in a second division league in Ghana (2012-2013).

What was your favorite post game meal?

Rice and Fish





work hard to be the best I could be.

DAVE BONZERATO

Licensed USSF E National License

Coaching Experience:

NY Elite Alleycats Head Coach (Boys 2013)-2021-Present NY Elite Head Coach (Boys 2003, 2006, 2008, 2013)-2014-2021

Guilderland United U12 Head Coach -2012-2014 ODP Assistant Coach, Boys 2000 -2012-2013

Siena College Men's Soccer Assistant Coach -2013

TIMEOUT WITH COACH

What do you love most about coaching? Player development. Everyone has their own skill set and personality and understanding how to connect with each player individually is what I enjoy most. It's fulfilling to reflect on where we started to where we ended. Players come out of their shell throughout the season which shows in both their play and how they interact with their

U9 Head Coach

Team:

dbonzerato@hotmail.com

teammates. What was your most memorable game, as a player or coach? As a player there were two: The first was a State Cup championship game against Rochester Football Club in 2008. I ended up with the winning assist and sticking around to lift the trophy after, making me late to my prom. The second game was in college beating a nationally ranked Ohio State team 1-0. As a center back, zero goals conceded and beating a nationally ranked team my senior year was memorable. Who was your biggest fan when you played soccer growing up? My Dad. He was at every game, including all the college games two hours from home, and beyond. Sometimes his knowledge about the game wasn't the best, but he taught me what it meant to

Who was your favorite coach and why? Joe Papaleo. He was my coach for almost 10 years. It was with him that my love for the game grew. Our team was very successful because of his style and demeanor. He made practices and all the road trips a good time, but knew the best way to motivate us during games to get the best out of us - even if it meant throwing a cell phone every once in a while!

What is the life skill that is most important, both on and off the field? Teamwork. The talent of one person alone can only get you so far, both on the field and in life.

Playing Experience:

Siena College Men's Soccer 2008-2012 Captain Senior year 56 career games – Center Back MAAC All-Rookie Team Selection 3-time MAAC All-Academic Team Syracuse United FC Premier Soccer 4-time New York West State Cup Champion 2006 Score at the Shore Champion 2005-2006 Top 10 Ranked team in the Country Central Square Varsity Soccer 4-year starter and 2 year captain School's All-time leader in goals and assists 2007 First Team All-CNY 2007 Runner-up Conference Player of the Year





coachsims91@gmail.com Team: U8-U12 CDYSL AC

TIMEOUT WITH COACH

What is your coaching philosophy?

Coaching is being in a full orbit to your team by being a therapist, teacher, leader, tactician, and motivator.

What do you love most about Coaching?

I love the game of football/soccer, and I love being the center of the transformation and development of players. Coaching is not only teaching the game but it's about enabling and transforming players to become great sportsmen and great individuals of the community.

Who is your favorite soccer player or club? My favorite club is Manchester United

What is the life skill that is most important, both on and off the field?

Courage and Humbleness are the key life skills on and off the field.

What is your favorite sports quote?

Talent wins games but teamwork and intelligence win championships - Michael Jordan

SIMPHIWE MAQUBELA < Licensed: UEFA/CAF B License - in process UEFA/CAF C License

USSF E License CAF D License Stellenbosch University Football Development Programme – 2014 – 2015

Coaching Experience:

Current – NY Elite Alleycats FC 2014-2016 Team 2020 Brunswick Soccer Club, Coach U14 Boys 2018-2019 Syracuse: Director of Camps and Clinics/Coach 2016-2018 Albany: Director of Marketing/Coach 2016 Soccer in Association of Chicago FC: Youth Coach 2015-2016 Blues FC: Coach 2014-2016 Lifestyle FC: U17 and U19 Coach 2010-2012 West College -Sports, Art and Culture representative/Assistant Coach

Playing Experience

2007-2009 Ekurhuleni West College - College Team 2006 KK Sono FC 2005-2006 Tembisa Classic FC 1999-2006 Black Pirates FC







SEAN LANZA

slanza94@gmail.com

Team: U15 (2007) Assistant Coach



icensed:

Playing Experience Sage Men's soccer player and captain (2013-2015) Skyline Conference All Scholar Team 2013-2015 Skyline First team All-Conference 2015 Skyline Conference Champions 2015

Coaching Experience:

2022 NYEAFC Assistant Coach U15 Assistant Sage Men's soccer coach 2016-2021 (Skyline and Emplire 8 finalists, 2016 and 2017)

they need to be successful in their own way on the field. What do you love most about Coaching? I love coaching because it allows me to learn from the players I have while simultaneously guiding them on how to improve on and off the field. Coaching also gives me a way to stay connected with my community,

staying involved in the sport that has given me so much. Who is someone in the Soccer community you admire and why?

TIMEOUT WITH COACH

What is your coaching philosophy? As a soccer coach I believe it is my responsibility to develop each individual's

technical, tactical, and physiological areas of the game,

helping each member of the team achieve their potential. I

give the game to the players, providing them with the tools

Although not in my immediate community, I admire Pep Guardiola when it comes to coaching soccer. He is a highly demanding coach who gets the most out of his players. Pep is exceptional at developing a successful brand of soccer and revolutionized how the game is played

What is one life skill that is important on and off the field? Being resilient. Being able to withstand or recover from difficult conditions is helpful both when facing challenging opponents in soccer or overcoming hardships in life. What was your pre-game ritual?

My pregame ritual involved putting headphones on and listening to music right up until warm ups started. I enjoy listening to ACDC and Avicii.





DERLIS ZAYAS

derlis1007@gmail.com Team: U17 EDP

TIMEOUT WITH COACH

What is your coaching philosophy?

Practice Makes Perfect. If you are slow in training, you will be slow in the game.

What do you love most about Coaching? Being able to impact the lives of the kids.

Who is your favorite soccer player and/or team? Real Madrid is my favorite club since a kid. My favorite player is Roman Riquelme.

What was/is your favorite post game meal? Pre game meal is always a good breakfast, and post-game would be a burger!!

What was your most memorable game as a player? My most memorable game as a coach was winning Section 2. As a player would be playing in the NCAA tournament.

Playing Experience

2014-2017 Russell Sage College, mid-fielder Second leading scorer in 2016

Coaching Experience:

Current - New York Elite Alleycats FC 2005 EDP Team

High School:

White Plains High School Part of team who had a league and regional championship title Two-time team MVP

Member of the 2014 team that made it to the ECAC Metro quarterfinals and Skyline semifinals

Looking Forward to Next Season!

Thank you for an amazing first season!

Enjoy your summer, rest up, and we look forward to seeing everyone in the fall!



https://www.nyelitealleycatsfc.com/

Stay connected through the summer





