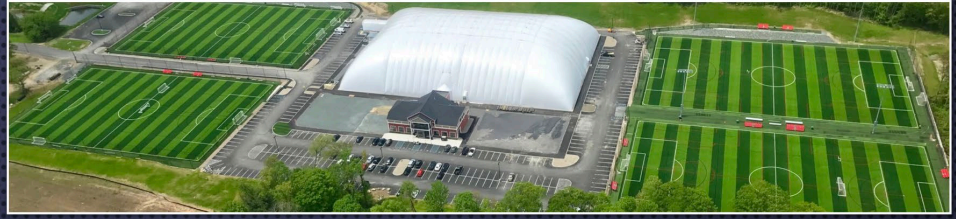




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New York Elite Alleycats FC Newsletter, Vol. 1

March 2022

www.nyelitealleycatsfc.com

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Newsletter Editors:

Karen Chan (nyeafc.director@gmail.com)

Corinna Heggen (heggen305@gmail.com)

*Note: Information for this newsletter was provided by coaches, team managers, parents, and referenced from publicly available websites. Any missing recognition is solely unintentional. Please send any corrections or updates to the newsletter editors.





WELCOME

To Our New York Elite Alleycats FC Families and Staff,

We are more than halfway through our inaugural season, and we hope that everyone is healthy and getting in a lot of good training and competition. These past few months were challenging as we made it through another season of COVID-19. Cases are on the decline as we begin to transition to outdoor practices and games and we're able to get some fresh spring air. However, please continue to follow guidance as previously provided regarding reporting of positive cases. Thank you for your understanding in helping to prioritize everyone's safety.

As with any new venture, the club continues to refine our processes, optimize schedules, and become acclimated with one another with new teams and coaching staff. We sincerely appreciate your patience while we work hard behind the scenes to continually improve. Your feedback is very important to us, and we will address your questions and concerns as quickly as possible. Please use the Parent Forum as a communication channel to address concerns; more information is provided in this newsletter.

We had a busy fall/winter season with the teams playing in the Northeast Academy League, EDP League, CDYSL and tournaments, and the older teams picking up club activities after their school seasons finished with their first fall showcase tournaments. Indoor leagues have wrapped up as we head into the start of the spring competitions, including some major tournaments.

This twice-yearly newsletter will provide a recap of achievements and give you a glimpse of what's to come. We have a lot going on with all our teams, and this is one way to learn about them, as well as our coaching staff. We welcome submissions from players, parents, and staff to share with the club. Please send photos, videos and news to Director of Operations and Communications Karen Chan (nyeafc.director@gmail.com) for the next newsletter to be published in early June 2022.

Good luck with your spring seasons!



CLUB UPDATES

2022 Tryout Dates - Mark your calendars!

Monday June 20
Wednesday June 22
Monday June 27
Between 4:30 - 9:30 PM

Specific age group times and locations will be announced when finalized

Northeast Academy League (NEAL) U23 Team

The NEAL [published a press release](#) on the formation of a U23 NEAL summer league. [Registration is now open](#) for players born in birth years 1999-2004 interested in joining the New York Elite Alleycats FC U23 team. The season runs from May through July with games against teams from NYC, LI, NJ, and CT

Spring League and NEFC Tournament Schedules

Check these links for spring competition schedules. Team managers should be updating their TeamSnap calendars with all upcoming events.

[NEFC Spring Showcase March 25-26, 2022](#)
[Northeast Academy League](#)
[EDP League](#)
[CDYSL](#) (TBD)

Club/Team Fees Reminder

Club fees should have been fully paid on February 1 unless you have made other arrangements with registrar Blair Downie. Please ensure team fees are paid timely to cover upcoming spring leagues and tournaments.

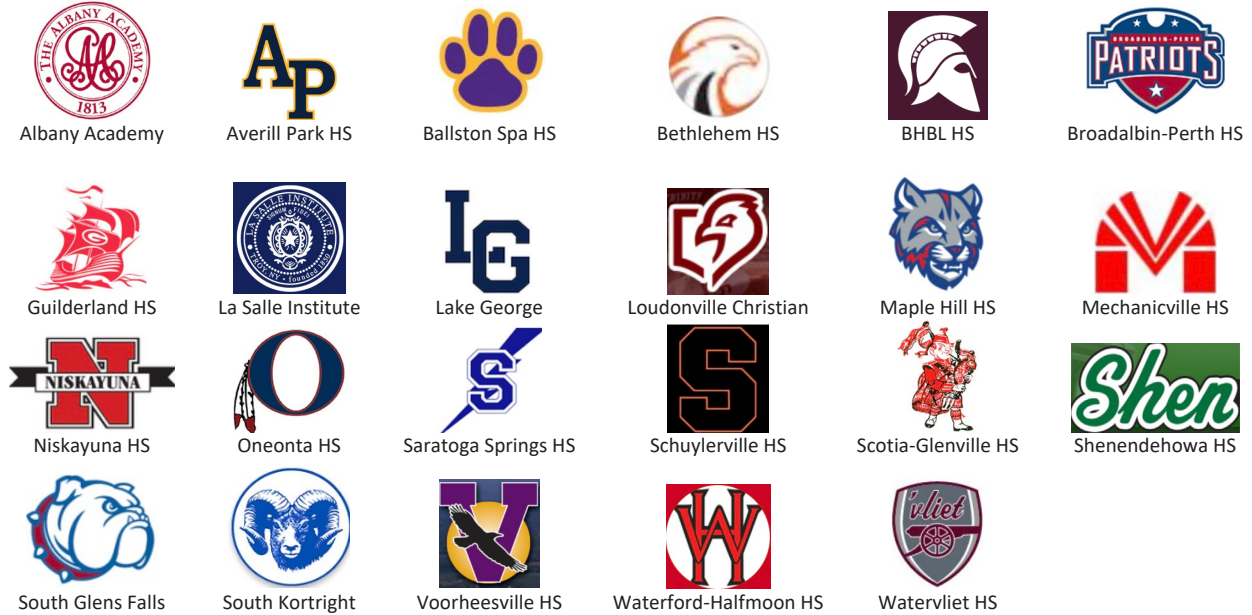


Lost & Found

Players should label all items brought to training/games, including backpacks. Should you lose or find an item, please respond to the Lost & Found club-wide emails so we can help you get your misplaced item back or to find its owner. Also check the L&F boxes at the Afrims facilities.



FALL 2021 HIGH SCHOOL ALL-STARS



The club would like to recognize the following players for their great achievements during the fall 2021 high school soccer season. Of our 150 high school soccer players, approximately one-third received awards. Among them, we have two All Region players, six All State players, three league MVPs, two Goalkeepers of the Year, 23 Coaches All Stars, 18 Times Union All Stars and many All League first, second and third team selections, as well as honorable mentions. Shenendehowa HS was the 2021 Section 2 Class AA Champions, with 19 of their players are in our club, and we had one player from Class A Champion Averill Park HS, one player from Class C Co-Champion Maple Hill HS and one player from Section 4 Class D State Semi-finalist South Kortright Central HS. The collective talent of these players contributes to the strength of our club, and we hope they will inspire all our players to reach for these goals. Congratulations to all the award recipients!

Team	Player / Awards
2003/2004 NAL	Ryan Clute, Senior, BHBL HS, Suburban Council 1st Team, Class A GK of the Year, Class A Coaches All Star, Times Union All Star*
2003/2004 NAL	Noah Flint, Senior, Shenendehowa HS, Suburban Council GK of the year, All State, All Region Team, Class AA Coaches All Star, Times Union Class AA All Star*
2003/2004 NAL	Nick Fuierer, Junior, LaSalle Institute, All Colonial Council 1st Team, Class A Coaches All Star, Times Union All Star*
2003/2004 NAL	Harry Haworth, Senior, Albany Academy, All Colonial Council 1st Team, Class A Coaches All Star, Times Union All Star*
2003/2004 NAL	Andrew Kraszewski, Senior, Mechanicville HS, Wasaren League Offensive MVP, Class B Coaches All Star, Small School All-State, Times Union Small School All Star 1st Team*

Team	Player / Awards
2003/2004 NAL	Nathan Marx, Junior, South Glens Falls HS, All Foothills Council 1st Team, Class A Coaches All Star
2003/2004 NAL	Ian Schwartz, Honorable Mention Foothills Council
2003/2004 NAL	Matt Stiles, Senior, Niskayuna HS, Suburban Council 1st Team, All-State, All Region, Class AA Coaches All Star, Times Union Class AA All Star*
2003/2004 NAL	Andrew Stiles, Senior, Niskayuna HS, Suburban Council 3rd Team
2003/2004 NAL	Alex Sukols, Senior, Shenendehowa HS, Suburban Council Champion, Section 2 Class AA Champion, All Suburban Council 2nd Team, Times Union Class AA All Star
2003/2004 NAL	Johnny Weidman, Colonie HS, All Suburban Council 1st Team
2003/2004 EDP	Adam Amami, Senior, Ballston Spa, HS, All Suburban Council 3rd Team
2003/2004 EDP	Liam Armstrong, Senior Schuylerville, All Foothills Council 1st Team, Class B Coaches All Star, Small School All-State, Times Union Small Schools All Stars 1st Team*
2003/2004 EDP	Patrick Graham, Junior, LaSalle Institute, All Colonial Council 2nd Team, Times Union All Stars
2003/2004 EDP	Sam Knauf, Junior, Lake George HS, Adirondack League 1st Team, Class C Coaches All Star, Adirondack League MVP, Small School All-State, Times Union Small Schools All Stars*
2003/2004 EDP	Kevin Mattis, Bethlehem HS, All Suburban Council 1st Team, Class AA Coaches All Star, Times Union AA All Star
2003/2004 EDP	Cole McCarthy, Senior, Ballston Spa HS, All Suburban Council 1st Team, Class AA Coaches All Star
2003/2004 EDP	Xander Novack, Senior, South Glens Falls HS, All Foothills Council 1st Team, Class A Coaches All Star
2003/2004 EDP	Michael Puccioni, Senior, Niskayuna HS, All Suburban Council 1st Team, Class AA Coaches All Star, Times Union Class AA All Star 1st Team
2003/2004 EDP	Ian Schwartz, Senior, Broadalbin-Perth, Foothills Council, Honorable Mention
2003/2004 EDP	Poe Tutu, Senior, Lake George HS, Adirondack League 1st Team, Class C Coaches All Star
2005 NAL	Kyle Almeida, Sophomore, Averill Park HS, Section 2 Class A Champion, All Suburban Council 1st Team, Class A Coaches All Star
2005 NAL	Owen Brown, Junior, LaSalle Institute, Colonial Council Champion, All Colonial Council 1st Team, Class AA Coaches All Star 2nd Team, Times Union All Star
2005 NAL	Ryan Farr, Sophomore, Saratoga Springs HS, All Suburban Council 1st Team, Class AA Coaches All Star, Times Union Class AA All Star 1st Team
2005 NAL	Kofi Jack, Junior, Scotia Glenville HS, All Foothills Council 1st Team, Class A Coaches All Star, Times Union All Star
2005 NAL	Mark Makhatadze, Junior, Shenendehowa HS, Suburban Council Champion, Section 2 Class AA Champion, All Suburban Council 1st Team, Class AA Coaches All Star, Times Union Class AA All Star 1st Team
2005 NAL	Colin McNutt, Junior, Mechanicville HS, Wasaren League Champion, Section 2 Class B Finalist, All Wasaren League 1st Team, Class B Coaches All Star

Team	Player / Awards
2005 NAL	Luke Micklas, Junior, Mechanicville HS, Wasaren League Champion, Section 2 Class B Finalist, All Wasaren League 2nd Team
2005 NAL	Finlay Oliver, Junior, Oneonta HS, All STAC Conference 1st Team, United Soccer Coaches Small School All-State*
2005 NAL	Connor Raven, Junior, Scotia Glenville HS, All Foothills Council Honorable Mention, Times Union All Star
2005 NAL	Aidan Rosettie, Junior, Saratoga Springs HS, All Suburban Council 2nd Team, Times Union Class AA All Star 1st Team
2005 NAL	Owen Shepard, Junior, Guilderland HS, All Suburban Council 3rd Team
2005 EDP	Gavin Haller, Junior, Maple Hill HS, All Patroon 1st Team, Class C Coaches All Star, Times Union Small School All Star
2006 NAL	Josh Catanzarita, Sophomore, Waterford HS, All Wasaren League 1st Team, Class C Coaches All Star
2006 NAL	Marcello Michel, Junior, Bethlehem HS, All Suburban Council 3rd Team
2006 NAL	Mustafa Rezaie, Freshman, Watervliet HS, All Patroon 2nd Team
2006 NAL	Joseph Richmond, Junior, Voorheesville HS, All Colonial Council 2nd Team
2007	Ethan Quadrini, Freshman, Loudonville Christian, CHVL MVP, Class D Coaches All Star*
2007	Jack Bibighaus, Freshman, Loudonville Christian, CHVL 1st Team
2007	Ben Hoffman, Freshman, Loudonville Christian, CHVL 2nd Team
Shenendehowa HS, Suburban Council Champion, Section 2 Class AA Champion	
2003/2004 EDP	Brendan Austin, Senior
2003/2004 NAL	Conor Brown, Junior
2003/2004 EDP	Massi Bruno, Senior
2003/2004 NAL	Anthony Caputo, Sophomore
2003/2004 EDP	Emir Cekic, Senior
2005 NAL	Lochlain Clarke, Junior
2005 NAL	Jack Fairbank, Junior
2003/2004 NAL	Noah Flint, Senior
2006 NAL	Harrison Goetz, Sophomore
2005 EDP	Thomas Hall, Junior
2003/2004 NAL	Matthew Han, Senior
2005 NAL	Dominick Holmes, Junior
2005 NAL	Mark Makhatadze, Junior
2006 NAL	Advaidth Ramani, Sophomore
2005 EDP	Jackson Smith, Junior
2003/2004 NAL	Alex Sukols, Senior
2005 NAL	Sam Tymeson, Junior
2005 NAL	Ben Tymeson, Junior
2005 NAL	Andrew Winkler, Junior



TIMEOUT WITH COACH

You may only interact with two or three coaches in the club, but did you know that New York Elite Alleycats has 25 coaches in our lineup? They are a group of very dedicated and experienced staff who are passionate about soccer and are excited to teach our players the beautiful game. [Check out their profiles on the club website's Coaching Staff page.](#)

We will also be posting each coach's profile and provide some insight into their coaching philosophy twice weekly on Tuesdays and Thursdays. Catch the Timeout with Coach updates on our [Facebook](#), [Twitter](#), and [Instagram](#) pages through the rest of the season to learn about each of them. In case you missed any, see below those who have been posted to date.

Shout outs to Corinna Heggen for coordinating and compiling the Time Out with Coach profiles, and Monica Lester for coaches' photos.




JON BAIN

jbain7@nycap.rr.com

Team:
U13 NAL and Director of Coaching

Licensed:
USSF B National License

Coaching Experience

- 22 years club coaching experience from U8-U19
- 2009-Present - NY Elite FC coaching staff (original member)
- 2 years - ENY North ODP coach
- 2012-Present - Shenendehowa HS Boys Varsity Head Coach
- 2015-Present - Director of Miles Joseph Players Soccer Camp

TIMEOUT WITH COACH

What is your coaching philosophy?

Never sacrifice your style of play to get results. If you teach the game correctly, the results will take care of themselves.

What do you love most about Coaching?

Seeing the development of players as they progress through the club and the relationships you establish with players

Would you rather have the performance of a lifetime in a losing game or play your worst game on the field but your team wins and why?

I would much rather play my worst game and the team wins. It is always about the team first.

What is your favorite sports movie? Remember the Titans (I am also a history teacher)

What was/is your favorite way to get pumped up before a big game?

In all honesty, as a coach, I prefer to have a quiet confidence, and let the players get pumped up. However, in our team meeting before a big game, I review our game plan and the roles/responsibilities of each player. I instill in them that they can and will achieve which gives them that confidence as well. Lastly, during warmups, I make sure to speak to each and every player, shake their hand, and wish them good luck





TIMEOUT WITH COACH



MARK GREEN

markg2green@gmail.com

Team:
U18/19 NAL HC

Licensed:
UEFA B
UEFA C
NSCAA Goalkeeping License



College
Studied College Lecturing Degree
High School
Attended Queen Elizabeth High School for Boys in Mansfield, England.

TIMEOUT WITH COACH

What is your coaching philosophy?
To make every session a fun and challenging environment for players to learn and achieve success.

What do you love most about Coaching?
I enjoy getting to know players and trying to create team spirit

Who is your favorite soccer player and/or team?
Leeds United. My favorite player in today's team is Calvin Phillips and from years gone by Billy Bremner.



What was/is your favorite post game meal?
Pasta

What was your most memorable game as a player?
As a player, winning my local schools State Cup in Mansfield England. As a coach, winning a National Tournament for Nottingham Forest FC at the old Wembley Stadium.

Coaching Experience:
1993-2008 – Nottingham Forest FC Academy and Community Coach
2009-2011 – Red Bull New York Training Programmes and Academy
2011-2021 – Alleycats Soccer Club. Coached both Boys and girls.
2012-2016 – Watervliet High School Varsity
2016-2021 – Albany Academy Boys JV Coach
2021-Present – Albany Academy Boys Varsity
Playing Experience
Mansfield Town Youth Academy from age 13 to 16
Won the 2001 Pannini Soccer Tournament for Nottingham Forest. Final was played at the old Wembley Stadium.
Won College Showcase Tournaments with Alleycats SC



MIKE TYMESON

michaeltymeson@gmail.com

Team:
U17-U18/19 NAL AC



Licensed:
USSF F National License
Coaching Experience:
1992-1997 – Lansingburgh High School, JV Coach
2013-Present – Shenendehowa Boys Soccer, Varsity Assistant/Modified Coach
2014-Present – New York Elite Assistant Coach
Professional Experience
BS/MS Biomedical Engineering
Rensselaer Polytechnic Institute
MS Secondary Education SUNY Albany
Physics Teacher Shenendehowa High School

TIMEOUT WITH COACH

What is your coaching philosophy?
Balance: having high expectations while having fun. Players need to be held accountable but at the same time enjoy what they are doing. Coaching is teaching. You are trying to get players to understand the importance of technical and tactical details while at the same time keeping them engaged, motivated, and having fun.

What do you love most about Coaching?
I think the most rewarding thing about coaching is helping to make players better, to see their growth in terms of playing ability and confidence. For a coach, there is nothing better than seeing the light bulb when players "get it" and find success.

Who is your favorite soccer player and/or team?
It pains me to admit it (at this difficult time) but Manchester United has been and will continue to be my favorite team. I really like the way Bruno Fernandes plays...creative, tough, and hard-working (can't ask for much more!). Past favorites include Wayne Rooney and Nemanja Vidic. Favorite/best coach (hands down)...Sir Alex Ferguson. No contest.

What was/is your favorite post game meal?
Not necessarily my favorite but we always seem to end up somewhere on Route 17 in New Jersey... I'll go with Five Guys!

What was your most memorable game as a player?
September 7th, 2014 Men's league vs. Chatham. Blew out my ACL - ended my (not so) illustrious career. Really focused on coaching thereafter!





TIMEOUT WITH COACH



PACO ROCA

pacoroca@hotmail.com
Team:
U18/19 EDP HC

Licensed:
USSF National C License
NSCAA National Youth Diploma
NSCAA State Goalkeeping Diploma



Playing Experience
Played in the FC Barcelona
Youth system from ages 8 to 16
Played professionally in the
Spanish 2nd and 2nB divisions until age 21

TIMEOUT WITH COACH

What is your coaching philosophy?

Football is a simple game but playing simple football is the hardest thing there is.
-Johan Cruyff

I believe in playing attacking football from the kick-off and in possessing the ball for large portions of the game, moving the ball quickly from one player to the next and in and out of the opponent's defensive pressure, breaking them down with short and quick passes and having fun while doing it.



What do you love most about Coaching?

I love the game. It has taught me many lessons that I have used in my life. Things such as the value of hard work, the importance of teamwork, commitment and sacrifice. I hope to be able to teach some of those values to younger players.

Who is your favorite soccer player and/or team?

Xavi and Iniesta, FC Barcelona.

What was/is your favorite post game meal?

Whole wheat chicken wrap with Greek yogurt and fruit salad.

What was your most memorable game as a player?

My first game as a professional. It was at Villarreal (Spain) and we lost 4-1. At the end of the game my coach said "not all the goals were your fault :)"

Coaching Experience:

High School:

2016-Present – Queensbury HS Assistant Head Coach
2009-2015 – Bolton Boys Varsity Head Coach
2009 – Post Star Coach of the Year
2005-2009 – Bolton Girls Varsity Head Coach
2003-2005 – Bolton Modified Boys Head Coach
2001-2003 – Milton Academy (MA) Boys Assistant Head coach

Club/Travel

2021-Present – New York Elite Alleycats FC 03/04 Boys
2011-2021 – NY Elite FC Boys
2009-2011 – Shenentaha North Boys U17
2008-2009 – Shenentaha North Boys U16
2003-2008 – Shenentaha North Girls U16/U18
2005-Present – Instructor at Adirondack Sports Complex Soccer Academy, Queensbury, NY
2005-Present – U8 to U14 age groups



RYAN EDSON

ryanpedson@gmail.com
Team:
Goalkeeping Coach



Playing Experience

College:
SUNY Cortland

High School:

2014 – NE-10 Conference All-Rookie Team, 3rd Team All-Conference, Defensive Player of the Week (4x's), Rookie of the Week
2014 – East Regional Team, 1st Team New York State, 1st Team All-Section, 1st Team Suburban Council
2013 – 1st Team All-Section, 2nd Team All-Section, 1st Team Suburban Council, 1st Team Big 10, 1st Team Wasaren League
2012 – 1st Team Wasaren League, 2nd Team Big 10 Empire State Games
2005 – Shenendehowa HS NYS Class AA Champion

TIMEOUT WITH COACH

What is your coaching philosophy? My philosophy is to devise a game plan that masks our weaknesses while exploiting the other teams. My job is to give our team the best opportunity for success.

What do you love most about Coaching?

Watching film, game planning, developing relationships with players

Where did your love of soccer come from or start? On the fields of Chango elementary school

What is your favorite part about playing in a soccer game? Winning

Who was your biggest fan when you played soccer growing up? My parents



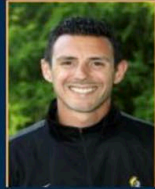
Coaching Experience:

2011-Present – New York Elite Goalkeeping Coach, Strength and Conditioning Coach
2014-Present – Assistant Coach- Rensselaer Polytechnic Institute Women's Soccer
2017-Present – Head Coach- South Colonie Girls Varsity Soccer
2014 – Rhinebeck Soccer Coach
2012-2013 – Greenwich Soccer Coach
1999-2000 – North Andover High School (MA) – Boys modified head coach
Private Goalkeeper Coach since 2008. Awards for Goalkeepers:





TIMEOUT WITH COACH



JOHN CIANO

cianoj87@gmail.com

Team:
U16 NAL HC



Coaching Experience:

College:

- 2016-Present: The College of Saint Rose (NCAA D2) (Head Men's Soccer Coach)
- 2013-2016: Siena College (NCAA D1) (Assistant Men's Soccer Coach)
- 2011-2013: New Jersey Institute of Technology (NCAA D1) (Assistant Men's Soccer Coach)
- 2009-2011: Manhattanville College (NCAA D3) (Assistant Men's Soccer Coach)

Licensed:

- USSF "B" License
- US Soccer Grassroots Instructors License
- United Soccer Coaches Performance Analysis Diploma
- NSCAA Premier Diploma
- NSCAA Advanced National Goalkeeping Diploma
- American Red Cross First-Aid/CPR Certification
- USSF "C" License
- NSCAA Advanced National Diploma
- NSCAA National Goalkeeper Diploma (GK Level III)
- NSCAA Regional Goalkeeper Diploma (GK Level II)
- NSCAA National Diploma
- NSCAA State Goalkeeper Diploma (GK Level I)
- NSCAA Advanced Regional Diploma

Playing Experience

- Brooklyn Knights (PDL)
- United Serbians (NJSL)
- New York Irish Rovers (LISFL)
- O.B. Fenerbahce USA (LISFL)
- Istria SC (LISFL)
- Metropolitan Oval Frosinone (CSL)
- Manhattan College (NCAA Division 1) (2006-2008)
- Central Connecticut State University (NCAA Division 1) (2005-2006)



Club/ODP/Other:

- 2019-Present: US Soccer Coaching Education Instructor
- 2013-2021: Albany Alleycats Soccer Club (Head Coach)
- 2018-2019: Albany Alleycats Soccer Club (Technical Director)
- 2010-2021: Eastern New York ODP (Head Coach/Goalkeeper Coach)
- 2012-2019: East Region ODP Staff
- 2013: Black Watch Soccer Club (Head Coach)
- 2012-2013: Parsippany SC (Head Coach)
- 2012-2013: USSDA BW Gottschee (Volunteer Coach)
- 2011: Eastern FC (Goalkeeper Coach)
- 2010-2012: USSDA New York Cosmos East (Volunteer Coach)
- 2010-2011: Armonk Soccer Club (Goalkeeper Coach)
- 2005-2010: LIJSL ODP Select (Goalkeeper Coach)



TIMEOUT WITH COACH

JOHN CIANO



What is your coaching philosophy? First and foremost, I view myself as a mentor and teacher and believe in servant leadership. I believe that soccer is a wonderful platform to teach life skills and always try to do my best to be a professional role model for the players. Soccer is a decision making sport that requires a group of individuals to play as a unit and solve the problems that occur in the game. I view myself as a teacher that tries to create a learning atmosphere that is fun, competitive, challenging, and replicates the demands of a soccer match. Through a constraints-based approach I try to create an environment where I facilitate and guide players through the organization of the session's activities and within the framework of our game model. I am very passionate about the growth of my players and try to help individuals not only learn how to play the game but what is the why behind it.

What do you love most about Coaching? My "why" is always to help people through servant leadership. I love seeing individuals develop and maximize their potential. There is nothing more rewarding than watching the journey of someone grow, and developing the relationships and necessary life skills along the way.

Who is someone in the Soccer community you admire and why? Someone who comes to mind is Jesse Marsch. He is one of the best professional coaches that our country has right now and I really admire a lot of his attributes and ambitions. He is always looking to grow and push himself out of his comfort zone. Moving to Europe and coaching for such elite clubs as RB Salzburg, RB Leipzig and Leeds United as an American, is not only historic but extremely courageous. I also really appreciate the way he coaches. He is extremely charismatic and has deep rooted relationships with his players. He is tactically astute and has a clear identity of how he wants the game to be played, He does an extraordinary job of communicating with his staff and team, and is a great ambassador of the game for our country.

What is one life skill that is important on and off the field? There are a number of life skills that I think are transferable to both the game of soccer and to life, but if I had to pick one I would choose "GRIT". The ability to be resilient and resourceful no matter what the circumstance to me is the key to success in life. If there is one word of advice, I can give young players it is to embrace being comfortable with being uncomfortable. Having this positive mindset will allow you to overcome and adversity or setback.

What was/is your pre-game ritual? As a player and now as a coach I am one who takes a lot of pride in preparation. I try to make sure I get places early so I am not anxious and am not rushing. I want to make sure everything is set up so that the players are motivated and excited to play. I try to find a quiet place to jot down some of my thoughts and what I wish to say and focus on before, during, and after the match.



TIMEOUT WITH COACH



SEAN LANZA

slanza94@gmail.com

Team:
U15 (2007) Assistant Coach

TIMEOUT WITH COACH

What is your coaching philosophy? As a soccer coach I believe it is my responsibility to develop each individual's technical, tactical, and physiological area of the game, helping each member of the team achieve their potential. I give the game to the players, providing them with the tools they need to be successful in their own way on the field.

What do you love most about Coaching? I love coaching because it allows me to learn from the players I have while simultaneously guiding them on how to improve on and off the field. Coaching also gives me a way to stay connected with my community, staying involved in the sport that has given me so much.

Who is someone in the Soccer community you admire and why? Although not in my immediate community, I admire Pep Guardiola when it comes to coaching soccer. He is a highly demanding coach who gets the most out of his players. Pep is exceptional at developing a successful brand of soccer and revolutionized how the game is played.

What is one life skill that is important on and off the field? Being resilient. Being able to withstand or recover from difficult conditions is helpful both when facing challenging opponents in soccer or overcoming hardships in life.

What was your pre-game ritual?

My pregame ritual involved putting headphones on and listening to music right up until warm ups started. I enjoy listening to ACDC and Avicii.



Licensed:

USSF C National License

Playing Experience

Member of Eastern Connecticut State University

From 2008-2011

First Team All Conference 2011

Tournament MVP 2011

Defender/Midfield

Coaching Experience:

2021 Head Coach, New York Shockers

NPSL Inaugural season

2019-Present Head Coach,

Russell Sage College Men's Soccer

2017-2021 Head Coach Alleycats SC,

Boys U14, U15, U19

2017-2019 Assistant Coach, RPI Men's Soccer

2016-2017 Assistant Coach, Utica College Men's Soccer

2014-2016 Assistant Coach, Eastern Connecticut State

University Men's Soccer



MIKE BATTISTE

m.a.battiste@gmail.com

Team:
U15 EDP HC

TIMEOUT WITH COACH

What is your coaching philosophy? Offensively controlling the momentum of each game through possession but with a purpose. Utilizing space, ball movement and player movement to create the necessary gaps and opportunities to take advantage of. Defensively winning the ball back immediately if possible and organizing efficiently around the ball to make the other team make mistakes and retain possession.

What do you love most about Coaching? Watching players and teams improve. I have always loved competition and all the highs and lows that come with it. Nothing can replace the feeling of hard work paying off.

Who is someone in the Soccer community you admire and why? Dave Bundy who was my High School Soccer Coach at Niskayuna High School and a prominent figure in the coaching community since I was a kid. He got me started in coaching by encouraging my education early on. Without this encouragement I don't know that I would have pursued Coaching at all.

What is one life skill that is important on and off the field? Teamwork...This is relatively self-explanatory, but if we can get really good at working together in any aspect of life or sports, things become a lot easier and can help you get to places you can't get to alone.

What was/is your pre-game ritual? I don't really have a pre-game ritual, but some superstitions do run through my routines occasionally. For example, if my team plays really well, I tend to duplicate that scenario pretty close to the hat and socks that I was wearing for that game. If we struggle in a game, I tend to try and change a few things in my own preparation. I'm not sure if it actually has any correlation, but I don't want to take the chance!



Licensed:

USSF C National License

Playing Experience

Siena College 2004-2007 All-Tournament team

UMASS 2004 and 2006

University at Buffalo 2002-2003 MAC

All-Rookie team (Trained with Rochester Rhinos

in the spring and summer)

5-year Varsity High School player

All-State team in 2001 and 2002 seasons

3-year scholastic Empire State Games participant,

2 year captain, won Bronze Silver and Gold medals

Member of Club USA/Clifton Park Premier 1998-2002

State Cup runner-up in 2000, Champions in 2001

Coaching Experience:

12 years - NY Elite FC U12-U18 Assistant and Head Coach

4 Yrs - Coaching and Assisting U14-U17 ODP NE Region

2 years - Niskayuna HS Assistant Varsity Soccer Coach,

Niskayuna Modified Assistant Coach

2 years - Shenentaha U17 Men's Head Soccer Coach

4 years - Siena College Assistant Men's Soccer Coach

Players Soccer Academy U8 Coach

Gareth Elliot Soccer Academy Coach and Counselor

8 years experience Niskayuna youth soccer camp

counselor coed ages 5-13



SPRING TOURNAMENTS

Good Luck to all our teams participating at the NEFC Boys Showcase March 26-27 and Jefferson Cup April 1-3!



TEAM	NEFC SCHEDULE	JEFFERSON CUP SCHEDULE
U18/U19 (2003/04) NAL	Showcase Silver	Platinum
U17/2005 NAL	Showcase Gold	Classic Black
U17/2005 EDP	Showcase Bronze	
U16/2006 NAL	Showcase Bronze	
U16/2006 EDP	Premier Gold	
U15/2007 NAL	Premier Silver	
U15/2007 EDP	Premier Bronze	
U14/2008 NAL	Premier Bronze	
U13/2009 NAL	Premier Gold	
U13/2009 EDP	Premier Bronze	
U12/2010 NAL Team 1	Premier Silver	
U12/2010 NAL Team 1	Championship Gold	
U11/2011 EDP	Premier Gold	



ACHIEVEMENTS

Fall ODP Interregional players

Four of our club's players were selected to represent
ENY pool at the ODP Interregional in FL

November 16-20, 2021

Nice job boys!

2009 Elliot Lester – also USYS ODP 2009 Top 24

2009 Ayaz Sajid

2008 Braedyn Jachym

2007 Declan Bain



2009 Elliot Lester



2009 Ayaz Sajid



2008 Braedyn Jachym



2007 Declan Bain



ACHIEVEMENTS



November 4, 2021, marked NYE AFC Executive Director Miles Joseph's 300th career @MLS game as an assistant coach, and 50th MLS win as a member of Gio Savarese's coaching staff.



Head Coach Adam Clinton's RPI team went 11-5-2 this past fall. They were Liberty League regular season champions and were named Liberty League Coaching Staff of the year. They went 7-2 in the league for fall 2021.



NYE AFC 2006 Head Coach John Ciano led the College of St. Rose Men's Soccer Team to their highest ever seed in the NE-10 conference tournament during their fall 2021 season.



Director of Coaching and 2009 Head Coach Jon Bain received his USSF B National License in December 2021



ACHIEVEMENTS

Congratulations to the U16 team for being top of their bracket with 2W-1L! U17 and U19 were 1-1-1.



Boys U16 PLATINUM WHITE

★ [Flight Results Grid](#) [Print Standings](#)
Bracket A

Saturday, February 26, 2022

WESTCHESTER FLAMES ELITE 06	0	IRONBOUND SC 2006-GLADIATORS	0
NY ELITE ALLEYCATS FC 2006 NAL	2	WESTCHESTER FLAMES ELITE 06	1
NY ELITE ALLEYCATS FC 2006 NAL	0	NY HOTA BAVARIAN SC 2006 BLUE	0

Sunday, February 27, 2022

IRONBOUND SC 2006-GLADIATORS	0	NY HOTA BAVARIAN SC 2006 BLUE	0
IRONBOUND SC 2006-GLADIATORS	0	NY ELITE ALLEYCATS FC 2006 NAL	3
NY HOTA BAVARIAN SC 2006 BLUE	3	WESTCHESTER FLAMES ELITE 06	1

Team	MP	W	D	L	GF	GA	GD	Pts
1: NY ELITE ALLEYCATS FC 2006 NAL (NYE)	3	2	1	0	5	1	4	22
2: NY HOTA BAVARIAN SC 2006 BLUE (NYE)	3	1	2	0	3	1	2	17
3: IRONBOUND SC 2006-GLADIATORS (NJ)	3	0	2	1	0	3	-3	8
4: WESTCHESTER FLAMES ELITE 06 (NYE)	3	0	1	2	2	5	-3	6

Boys U17 PLATINUM WHITE

★ [Flight Results Grid](#) [Print Standings](#)
Bracket A

Saturday, February 26, 2022

FC STARS ECNL BOYS 2005	0	NY ELITE ALLEYCATS FC 2005 NAL	3
IRONBOUND SC 2005-SUPER EAGLES	2	CEDAR STARS ACADEMY HUDSON VALLEY 2005 NL	3
IRONBOUND SC 2005-SUPER EAGLES	5	NY ELITE ALLEYCATS FC 2005 NAL	2
CEDAR STARS ACADEMY HUDSON VALLEY 2005 NL	2	FC STARS ECNL BOYS 2005	1

Sunday, February 27, 2022

FC STARS ECNL BOYS 2005	1	IRONBOUND SC 2005-SUPER EAGLES	4
NY ELITE ALLEYCATS FC 2005 NAL	2	CEDAR STARS ACADEMY HUDSON VALLEY 2005 NL	2

Team	MP	W	D	L	GF	GA	GD	Pts
1: CEDAR STARS ACADEMY HUDSON VALLEY 2005 NL (NYE)	3	2	1	0	7	5	2	22
2: IRONBOUND SC 2005-SUPER EAGLES (NJ)	3	2	0	1	11	6	5	20
3: NY ELITE ALLEYCATS FC 2005 NAL (NYE)	3	1	1	1	7	7	0	17
4: FC STARS ECNL BOYS 2005 (MA)	3	0	0	3	2	9	-7	2

Mens U19 ELITE RED

★ [Flight Results Grid](#) [Print Standings](#)
Bracket A

Saturday, February 26, 2022

BRENTWOOD SC 2004 PREMIER ACADEMY	1	BOSTON BOLTS 2003/04 NPL BLACK	1
NY ELITE ALLEYCATS FC 03/04 NAL	2	BLACK WATCH RUSH ACADEMY BOYS 2003/2004	3
BOSTON BOLTS 2003/04 NPL BLACK	1	NY ELITE ALLEYCATS FC 03/04 NAL	2
BLACK WATCH RUSH ACADEMY BOYS 2003/2004	4	BRENTWOOD SC 2004 PREMIER ACADEMY	0

Sunday, February 27, 2022

BLACK WATCH RUSH ACADEMY BOYS 2003/2004	3	BOSTON BOLTS 2003/04 NPL BLACK	0
BRENTWOOD SC 2004 PREMIER ACADEMY	1	NY ELITE ALLEYCATS FC 03/04 NAL	1

Team	MP	W	D	L	GF	GA	GD	Pts
1: BLACK WATCH RUSH ACADEMY BOYS 2003/2004 (NYE)	3	3	0	0	10	2	7	29
2: NY ELITE ALLEYCATS FC 03/04 NAL (NYE)	3	1	1	1	5	5	0	14
3: BRENTWOOD SC 2004 PREMIER ACADEMY (NYE)	3	0	2	1	2	6	-3	8
4: BOSTON BOLTS 2003/04 NPL BLACK (MA)	3	0	1	2	2	6	-4	5

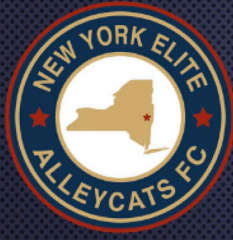


ACHIEVEMENTS



U8 / 2013 – Coach Dave Bonzerato

Congratulations to our 2013 team on winning the U10 First Division Afrim's Turkey Shootout! Great to see the guys come together and have success against strong competition. [Click here and swipe to third screen to see the winning goal with less than a minute to play in a 2-1 final!](#)



ACHIEVEMENTS



U11/2011 – Coach John Mabee

- Fall EDP Central Atlantic Premier II Champions
Record: 6-1-0 (W-D-L), 39 Goals For/9 Goals Against.
- Northeast Rush Copa November Champions
- Currently Ranked 8th in NY State East
- Spring League: Moving up to NAL U12 Division II
- March - NEFC Tournament
- May - Needham Tournament
- NEAL Tournament
- U11 NYS Challenge Cup





ACHIEVEMENTS



U13 / 2009 – Coach Jon Bain

Congratulations to our 2009 Boys on their 2nd place finish at the Hudson Valley Sportsdome



ACHIEVEMENTS



U14/2008 – Coach Adam Clinton

- The 2008s have 6 ODP players: Denis Pauze, Oliver Reichman, Jacob Catanzarita, Esteban Casabianca-Arango, Harrison Yu and Braedyn Jachym. Braedyn played in Florida on the Interregional ODP team in November.
- Two 2008 boys played on their school's Varsity teams and both made it to sectionals: Theo Haworth played for Albany Academy and Mason Tiano for Saugerties High.
- Oliver Reichman was awarded Best Forward on his Bethlehem Central school team this fall.
- Jacob Catanzarita was called up to play 3 games with his Varsity team for Waterford High for Sectionals. He is also in Junior NHS.
- Coach Clinton's two 2008 NAL teams placed first in the indoor league this winter at Afrims.





ACHIEVEMENTS



U15/2007 – Coach Matt Esposito

- November 26-28, 2021 – EDP Fall Cup Showcase, Pittsgrove, NJ
- December 4-5, 2021 - Massapequa Showcase 3rd place, with 15 goals for and 2 goals against.
- February 19-20, 2022 – SUSA EDP
- March 26-27 – NEFC



ACHIEVEMENTS



U16/2006 – Coach John Ciano

- Congratulations to the NYEAFc 2006 NEAL boys and Coach Ciano for the first-place finish in their bracket at the 2022 Manhattan Kickoff Classic played on Randall's Island over the weekend of Feb 26-27. Nice way to start the 2022 outdoor season!
- We had 2 teams in the Afrim's indoor 2nd session (Jan-Feb). With injuries and short players due to vacation, they held their own in the 6v6!
 - League Standings: U17 - U19 Boys Level 2 North
 - NYEAFc – BLUE We came in third place (5 wins 3 losses)
- NYEAFc-GOLD played in the U16 Boys Level 1 and came in 2nd place (only played 6 games due to schedule changes) with 5 wins and 1 tie
- On January 23rd, the boys traveled down to PA for the Mainline Friendlies. Coach Reynoso and the boys played 2 games and won. For not playing much 11v11, they played very well.
- 2006 player Mustafa Rezaie was selected to the 2021 ODP Eastern Regional Pool team summer 2021
- Coming up: March 26-27 NEFC, April 1-3 Jefferson Cup



ACHIEVEMENTS



U17/2005 – Coach John Knight

- November 26-28, 2021 – EDP Cup Fall Showcase, Hammonton NJ, 2-1. 2nd place in bracket
- December 4-5, 2021 – Massapequa Showcase, 2-1
- On January 23rd, the boys traveled down to PA for the Mainline Friendlies
- February 26-27, 2022 - A great weekend at the Manhattan Kickoff Classic. Despite missing 6 players the NYEAF 2005 team finished a very respectable 1-1-1
- Coming up: March 26-27 NEFC, April 1-3 Jefferson Cup



ACHIEVEMENTS



U18/19 - 2003/04

Give it up to our very busy NYEAFU U19 Boys. Finished up a 3-week run with the Lake Placid invitational showcase, EDP Showcase in New Jersey, and the EDP winter showcase in Mass. Very proud of these boys, hard work pays off!

Congratulations to the U18/U19 Northeast Academy League team for coming in first place (undefeated 3-1, 3-1, and 5-0) at the Massapequa College Showcase Tournament
Coming up: March 26-27 NEFC





COLLEGE SYMPOSIUM AND ADVISORY

With the 2003, 2004, 2005 and 2006 players planning for college soccer, having adequate information to help you make the right decisions is crucial. The club would like to thank Coaches Adam Clinton, John Ciano, and Matt Esposito for a very informative presentation at our College Symposium held on February 16, 2022, for those interested in learning more about the college recruiting process. More than 75 attended and we hope that you found it valuable.

If you would like to refer to the presentation again or were unable to attend, the recording is available here (duration: 1.5 hours): <https://www.youtube.com/watch?v=NLmeN-53O2o>

Official National College Athletic Association (NCAA) information is located at www.ncaa.org. Your NY Elite FC coaches are also a good source of information to help plan your future soccer career and answer any questions you might have. Preparation should begin in the freshmen year and include:

- Creation of a Soccer Profile to document your experience and achievements
- Compiling a video clip containing key plays to highlight your skills (max 5 minutes)
- Contacting College Coaches at schools where you are interested in attending and playing, and notifying them when/where they can see you play
- Participate in College Showcase Tournaments with your team
- Attending College ID Camps and Showcase Weekends to play in front coaches who may not be able to see you at tournaments
- Visiting local area colleges (while traveling for showcase tournaments)

Feel free to reach out to any of the coaches on the College Advisory team with any questions you have. Their contact information is below:

College Advisory Team

Adam Clinton	actcsc04@gmail.com
John Ciano	cianoj87@gmail.com
Matt Esposito	espositomatt6@gmail.com
Mark Green	markg2green@gmail.com
Paco Roca	pacoroca@hotmail.com
John Knight	johnknight@fairpoint.net

NYEAFD Director of Coaching

Jon Bain	jbain7@nycap.rr.com
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PARENT FORUM REPRESENTATIVES

The Parent Forum is a club communication tool to provide teams an open channel for asking questions, sharing concerns and issues, and suggesting improvements to the club administration. The team representatives below attend monthly Parent Forum meetings to receive information from the club to pass on to you, as well to as have them be the voice of your team. Feel free to reach out to your representative with comments prior to the third week of each month and we will provide responses at the meeting to be shared with all teams. We value everyone's feedback to help us continue to be the preferred youth boys soccer club in the Capital District. See the [January 2022 Q&As](#) and [February 2022 Q&As](#) in case you missed them.



Team	Parent Forum Representative	Email
2003/04 NAL	Renee Nichols	renee.fuierer@gmail.com
2003/04 EDP	Amy Novack	cat_piper@yahoo.com
2005 NAL	Stacie Farr	farrstacie@gmail.com
2005 EDP	Janet McLaughlin	Janetmcl@gmail.com
2006 NAL	Sam NeJame	ssnejame@gmail.com
2006 EDP	Daniela Allen	daniallen@aol.com
2007 NAL	Tom Calagna	tcalagna@gmail.com
2007 EDP	Corinna Heggen	heggen305@gmail.com
2008 NAL	Allison Reichman Brooke Lundberg	aryanreichman@icloud.com bartlett519@hotmail.com
2008 EDP	Sebastian Achilles	fmlachilles@gmail.com
2009 NAL/EDP	Deb Rouse	lopezrouse@gmail.com
2010 Team	Andrea Mitola	andrea.mitola@gmail.com
2010 Team	Bryan Sixberry	bsixberry@nycap.rr.com
2011 Team	Nick Esopi	nickesopi@hotmail.com
2011 Team	Derrick Aley	derricka68@yahoo.com)
2012 Team	Rui Li	alucard1231@gmail.com
2013-2014 Team	Brooke Lundberg	bartlett519@hotmail.com



